

## Tattoo Aftercare - The First Two Weeks

	Day 0	Day 1	Days 2-3	Days 4-7	Week 2	
WHAT TO EXPECT	Redness					
	Tenderness					
	Swelling					
	Wrap will begin to look messy underneath as blood, plasma, and ink seep out. This is normal and expected.	LOTS of leakage under your bandage. It may look like your tattoo has fallen out!				
			Scabbing			
			Flaking			
NOT EXPECTED	Extreme pain					
	Lots of blood			Any blood		
	Angry, infected looking skin					
WHAT TO DO	Leave wrap on for the first night after receiving your tattoo	With clean hands remove your wrap ideally in a lukewarm shower, pulling wrap parallel to the skin. DO NOT lift the wrap straight up as it can pull the out the ink. Lightly wash with unscented soap. Gently pat (not rub) dry with clean towel. Allow it to dry for a bit.				
		Wash twice a day with clean hands (or wherever dirty)				
		Apply a thin layer of a healing ointment, like Aquaphor. Reapply whenever it dries (about three times a day).		Apply light lotion wherever dry (such as Daily Aveeno)		
		If desired take some Tylenol for discomfort				
WHAT NOT TO DO	Drink alcohol					
	Submerge in water					
	Take a hot shower (this will cause ink to leak more)					
	Expose it to the sun					
		Let fabric stick to it. If fabric does become attached, use clean water to moisten the fabric before gently pulling away as not to rip ink out				